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CANADIAN VALLEY ELECTRALITE



"Almost everything will work again if you unplug it for a few minutes, including you." Author Anne Lamott cleverly captures the benefits of unplugging in today's device-driven, multi-tasking world. Keeping up with work, family and school activities or the latest trends on social media makes most of us feel compelled to constantly check our devices.

Summer is a great time to take a family vacation, but it's also a good opportunity to unplug from

our devices and enjoy the great outdoors with family and friends. Research has shown that we all need downtime after a busy day to recharge—even though we may resist it. Take a moment to slow down and enjoy some peaceful hours away from technology.

While you're unplugging from your devices, take a look around your home to identify electronics that consume energy even when they are not in use (this is known as "vampire" energy loss). TVs, gaming consoles,

phone chargers and computers are some of the biggest culprits.

If your summer plans include a staycation, take time to recharge your relationships and be more present with those you love. Enjoy our beautiful surroundings with your family and friends.

Speaking of spending time outdoors, you can also enjoy energy savings by incorporating LED products and fixtures for outdoor use, such as pathway, step and porch lights. Many include features like

automatic daylight shut-off and motion sensors. You can also find solar-powered lighting for outdoor spaces.

Save energy by keeping warm summer air outside where it belongs. Add caulk or weather stripping to seal air leaks around doors and windows. You can also employ a programmable thermostat to adjust the settings a few degrees higher when no one is home.

In our connected world, we have forgotten how to slow down. We multitask and text. We check email, then voicemail, then Facebook. Do yourself and your family a favor. Put down the device and smell the fresh air.

While CVEC can't help you recharge your relationships, we can help you save money and energy by connecting you with our energy-saving programs and services. When you do plug back in, we're just a call or click away.

P.O. Box 751 Seminole, OK 74818

Serving Hughes, Lincoln, McIntosh, Okfuskee, Pottawatomie, Seminole & portions of Oklahoma, Cleveland & Creek counties

Main Office and Headquarters

Interstate 40 at the Prague/Seminole Exit

Area Office - 35 W. JC Watts Street, Eufaula

Office Hours - 8 a.m. to 5 p.m., Monday - Friday

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Telephone Numbers	Seminole(405) 382-3680 Shawnee(405) 273-4680
Numbers	Eufaula(918) 689-3232
	Prague(405) 567-3206
	Toll-free(877) 382-3680

IN CASE OF TROUBLE

- 1. Check for blown fuse or tripped circuit breakers.
- 2. Check with your neighbors. Ask if their electricity is off and if they have reported it.
- 3. If not, call the office or download the Smarthub app to report the trouble.

<u>Read</u>	<u>Billing date</u>	
26th-31st	5th	1-1/2% penalty
6th-11th	15th	applied 20 days
16th-21st	25th	after billing date
	26th-31st 6th-11th	26th-31st 5th 6th-11th 15th

Operating Statistics for March

2018	2019
\$4,776,849	\$5,595,660
\$3,318,898	\$3,929,348
69.48	70.22
4.74	4.78
\$910.05	\$1,066.65
h 132,457	157,620
103,927	104,290
182,438	171,445
57,107,452	71,099,977
\$96,794	\$114,626
\$182,492	\$188,894
57.9	53.7
	\$4,776,849 \$3,318,898 69.48 4.74 \$910.05 132,457 103,927 182,438 57,107,452 \$96,794 \$182,492

New Services Staked in April

During the month of April, 40 new services were staked. The total new services staked in 2019 is 126. This compares to 129 for the same period in 2018.

Don't Touch that Dial!

It's so tempting to turn the thermostat down to freezing cold when you walk into a warm house on a hot day. Don't do it.

Setting the thermostat at a very low temperature won't cool your house any faster than setting it on the temperature that you regularly choose to feel comfortable.

In fact, lowering the thermostat beyond the temperature you desire only makes your air conditioner run longer, not faster. You could end up paying more money for an uncomfortably chilly house.

Here are a few other energy-saving tips for summer:

- Install a programmable thermostat, which lets you set the thermostat higher for hours when the house is empty, but lower during your at-home hours. It takes less energy to re-cool your home when you return than it does to keep it cool while you're gone.
- Set the thermostat at 78 degrees. You'll save about 15 percent on your cooling bill over a 72-degree setting, while remaining comfortable.
- Keep lamps and other heat-emitting devices—like TVs and large electronics—away from the 903331101 thermostat. Most appliances heat up when you use them, so they can trick the thermostat into "thinking" the air is warmer than it really is so it should keep running when the house is already cool.
- Letting the morning sunlight into your bedroom will help you wake up naturally, but it will add to your energy bills during the day. Before you leave the house for the day, close your curtains and window shades to keep the sun's heat out.
- If you use room air conditioners, fit them snugly into window frames, and close all heating ducts.

OPERATION ROUND-UP

FINANCIAL STATEMENT

BEGINNING BALANCE 3/31/19 \$214,876.60
DEPOSITS
INTEREST INCOME
CHECKS ISSUED
APPROVED, NOT YET PAID20,506.90
BALANCE 4/30/19

CVEC Foundation administers and disburses funds collected through CVEC's Operation Round-Up Program.

THREE DISTRICTS MEET IN JUNE

Members in Districts 3, 6, and 7 will be meeting in June to elect representation to CVEC's Board of Directors. Meeting dates are:

District 3 Friday, June 7 District 7 Friday, June 14 District 6 Friday, June 21

Incumber directors are:

District 3 - Gary Crain

District 7 - Joe Semtner

District 6 - J. P. Duvall

For more information call the coop at 405-382-3680.

Energy EfficiencyTip of the Month

Want to light up your outdoor space without increasing your energy use? Try outdoor solar lights! They're easy to install and virtually maintenance free. Remember, solar lights work best when the solar cells receive the manufacturer's recommended hours of sunlight.

Source: energy.gov



3-StepHVAC Test

As summer temperatures rise, so do electric bills. sollow these steps to test the fficiency of your HVAC unit.

he outdoor temperature should be above 80 degrees, and you should set your thermostat well below the room temperature to ensure the system runs long enough for this test.

- Using a digital probe thermometer (about \$12), measure the temperature of the air being pulled into your HVAC filter.
- Measure the temperature of the air blowing out of your A/C vent.
- 3. Subtract the A/C vent temperature from the HVAC filter temperature. You should see a difference of about 17 to 20 degrees. If the difference is less than 17 degrees, you may need a licensed technician to check the coolant. If the difference is greater than 20 degrees, your ductwork may need to be inspected for airflow restrictions.

AUTOMOBILES & BIKES

1985 Olds Delta 88 Royal Brougham, 307 V-8, good exhaust system, tires, and battery, \$1,500, 405-273-7207.

FARM & RANCH

John Deere MX-6, tractor 3-point mower, new blades and approximately 600 hours, located in Seminole, \$1,000. 405-365-7054.

Good, usable 7' brush hog, \$550; John Deere - FB - grain drill, \$550, John Deere spreader, \$250, 405-333-2258.

John Deere 2130 with cab and bucket, \$8,000; hay fork, \$350, 405-598-2384.

Registered Hereford bulls, muscular, polled, gentle, low birth weights, out of highly productive cows, 12- to 22-months old, \$1,600-\$2,200, 405-598-1920 or 210-8794.

5-ft. Chicago Break, \$950; small metal band saw, \$175 with two new blades, 405-659-5047.

HOME & LAND

80 acres, fenced, large barn with corral, head gate and manger, two ponds, move-in ready, remodeled 1 BDR, 1 BA farmhouse with great porches, large storm cellar, Strother School area, \$3,248/acre, text or call 405-584-1255 or 405-584-1054.

Log home to be moved - 3 BDR, 1 BA, large living room, dining room, and open floor plan to kitchen, stripped down to floors to put what you like, better than a kit, 405-598-1202.

MISCELLANEOUS

Yard tools, \$5; White Mountain ice box for restoration, complete hardware, \$500; July 4, 1976 Arizona Star paper, complete issue, \$10, 405-659-5047.

Radio/receiver and automatic record player in a cabinet, also two Sony speakers, have very good sound, 405-432-9411.

Whirpool washer and dryer, \$200; ice box, \$100; gas stove, \$100; electric stove, \$100, 405-275-3419.

Fresh cut and seasoned wood, canning jars, pressure cooker, 405-598-1140.

Oval, above-ground pool, 15'x30', steps, glarge sand filter, good

condition, \$500, 405-239-0412.

Refrigerator, coookstove, freezer, dishwasher, washer, dryer, AC, 405-273-7874.

Children's classic Anderson's Fairy Tales, 10 volumes, published by John C. Winston Co, 1926, new condition, \$200, 405-390-2571.

Commercial Cleaning Service, home and business, in business since 2003, licensed and bonded, free quotes, refrences upon request, 405-695-2414.

Cedar tree clearing, \$85/hour; brush mowing, \$40/hour; hay hauling, \$4/bale; dirt work/driveways, \$75/hour; other services available, 405-642-9356.

Old cabin being torn down on Shawnee Lake, selling rarely used appliances - Amana 4-burner propane range, 18 3/4" wide, 26" deep, 27" tall; Estate refrigerator 28" wide, 29" deep, 67.5" tall; den furniture, hot water heater, window AC units, wall heater, misc. items, i.e. fixtures and other items available for repurposing, i.e. folding doors, shutters, call for appointment, 405-348-9977.

Classic Italian-manufactured stone, approx. 175 sq. ft., colors: tan, light grey, dark grey, autumn bronze, red, brown, and dark brown; original paperwork, pictures of it installed available, is on three pallets, must pick up in Shawnee, \$450, 405-214-8638.

Wanted - Old and/or rusted out stock tanks, stock panels, graden trellises and wagon wheels, text with information, 405-888-6644.

Find Your Account Number & WIN \$25

If you find your account number hidden in this issue of The Electralite, you could win \$25. The account number must be your own.

You need to report finding the number to us by the 15th of the month.

And you need to report finding it by phone, mail or in person.

ELECTRALITE CLASSIFIED ADS

Each CVEC member family is limited to ONE free classified ad per month.				
Length of the ad cannot exceed space provided below. Ads run only one time				
and must be resubmitted to appear in the next edition. Return the complete				
form to P. O. Box 751, Seminole, OK 74818. Forms may also be dropped				
off at either office location, or email your ad to editor@mycvec.coop. Ads must be received by the 5th of each month; if received after the				
All information below must be completed.				
,				
Name				
Address				
Account #				
Phone #				

Nighttime Energy Use can Save Energy

Instead of running your dishwasher right after dinner, consider waiting until bedtime to turn it on. Same with the clothes dryer. And how about charging your phone and other rechargeables while you sleep?

Most people use their electric appliances at the same times every day: Early in the morning when they're getting ready for work, right after dinner and at mid-day.

That means there's a lot of demand on a limited amount of electrical "capacity" all at the same time.



In the summer when everyone's also running air conditioners, that can tax the electrical system. It can even cause a brownout—although that's rare. But it could put so much pressure on the system that new electrical plants will be needed—and that's

expensive.

A better solution: Spread your energy use out. Do the laundry and the dishes at mid-morning while everyone else is at work or late at night when most people are sleeping.